Renesas R-Car H3 Starter Kit support added to GDP

The GDP init setup script mechanism that sets up GDP for specific targets has now been extended to include support for the new Renesas R-Car H3 Starter Kit Premier board. The board has also been added to the list of supported boards.

The GDP readme has been extended to included the board, but to initialise the build environment:

```bash
source init.sh r-car-h3-starter-kit
```